



## SUN SMART POLICY

Oberon Children's Centre along with this policy adopts the Cancer Councils Sun Smart Policy- see attached.

### Aim

The purpose of this Policy is to guide best practice in protecting the children attending our centre, family members, educators and staff from harmful effects of sun exposure.

The Centre will-

- Ensure that there is appropriate shade and covered areas (including sandpit and gross motor play areas)
- The program will be flexible to allow outdoor play to occur before 11am if heat is extreme.
- Sun protection measures will be always considered when planning excursions and all play activities.
- Sun protection will be incorporated into the learning program on a regular basis e.g. Health & Hygiene.
- When enrolling a child, parents/carers will be informed (and given a copy) of the Service's Sun Smart Policy.
- Ensure NSW Cancer Council Sun Protection information is displayed and /or passed on to families.

The Staff will-

- Ensure every child has a "Sun Safe" hat protecting their face, neck and ears.
- Where possible, encourage sun safe clothing which covers as much of the skin as possible.
- Encourage families to apply SPF30+ broad spectrum sunscreen on arrival.
- Reapply sunscreen each time children begin outdoor play.
- Ensure on enrolment documentation of any allergies to specific sunscreens.
- Provide a Preschool hat to a child without their own hat; this is then placed in the washing bag at the end of each day.
- Assist the children apply their own sunscreen appropriately where applicable.
- Act as role models and demonstrate sun safe behaviour e.g. appropriate hat, clothing, sunscreen, sunglasses and promote shade.
- Encourage visitors e.g. students, other professionals to be sun smart.

Management Will-

- Regularly review the Sun Smart Policy and its effectiveness.